



## INFORMATION ON BULLYING

If you've ever heard an adult - or anyone else - say that bullying is "just a fact of life" or "no big deal," you're not alone! Too often, people just don't take bullying seriously - or until the sad and sometimes scary stories are revealed.

It happens a lot more than some people think - Studies show that between 15-25% of U.S. students are bullied with some frequency, while 15-20% report they bully others with some frequency (Melton et al, 1988; Nansel et al, 2001).

It can mess up a kid's future. Young people who bully are more likely than those who don't bully to skip school and drop out of school. They are also more likely to smoke, drink alcohol and get into fights (Nansel et al, 2003; Olweus, 1993).

It scares some people so much that they skip school. As many as 160,000 students may stay home on any given day because they're afraid of being bullied (Pollack, 1998).

It can lead to huge problems later in life. Children who bully are more likely to get into fights, vandalize property, and drop out of school. And 60% of boys who were bullies in middle school had at least one criminal conviction by the age of 24 (Olweus, 1993).

To learn more go to:

National Youth Violence Prevention Resource Center

[www.safeyouth.org](http://www.safeyouth.org)

1-866-SAFEYOUTH

Take a Stand. Lend a Hand. Stop Bullying Now!

[www.stopbullyingnow.hrsa.gov](http://www.stopbullyingnow.hrsa.gov)

It's My Life: Bullies

[www.pbskids.org/itsmylife/friends/bullies](http://www.pbskids.org/itsmylife/friends/bullies)

Netsmartz

[www.netsmartz.org/index.htm](http://www.netsmartz.org/index.htm)

Cyberbullying

[www.cyberbully.org](http://www.cyberbully.org)

i-Safe



[www.isafe.org](http://www.isafe.org)

**Bully Police USA**

<http://www.bulypolice.org>

**Advocacy Group For Parents Of Children Affected By Bullying, Inc.**

[www.agpcabinc.org](http://www.agpcabinc.org)

**SAMHSA Campaign for Parents**

<http://www.mentalhealth.samhsa.gov/15plus/aboutbullying>